



SPLASH

STOPPING PLASTICS AND
LITTER ALONG SHORELINES

CLEANUP CHECKLIST

We're so excited to have you join us for a cleanup that will both help the environment and help us collect important trash data! Here is a checklist of the things you'll want to wear and bring with you to have a successful day.

BEFORE THE CLEANUP:

- Fill out and sign the appropriate waiver for each participant, either the adult waiver or the parental consent form (for those 17 & under). Email a digital copy of the form(s) to splashtx@abcbirds.org or you may bring a signed hard copy to the cleanup.
- Keep an eye on how you and those around you are feeling. If you start to feel sick in the days before the cleanup, and/or if someone you have close contact with tests positive for COVID-19, **please stay home**. We'd love to have you join us at a future cleanup instead!
- Review our safety guidelines (next page)

WEAR TO THE CLEANUP:

- Check the weather and prepare accordingly, bringing layers if necessary
- Close-toed shoes to protect your feet
- Pants and/or long sleeves are recommended
- Sun protection: hat, sunscreen, sunglasses
- A face covering of some kind (medical mask, cloth mask, neck gaiter, etc.)

BRING TO THE CLEANUP:

- Your parental consent form or liability waiver if not already emailed to splashtx@abcbirds.org
- Filled water bottle (or two!). Stay hydrated!
- Snacks and/or a packed lunch
- Extra sunscreen

WE WILL PROVIDE: Work gloves (you are welcome to bring your own if you prefer), trash bags and buckets, hand sanitizer, first aid kit, and water refill station (but bring a full water bottle!)

AFTER THE CLEANUP:

- Feel great about making our coast and waterways cleaner!
- If you start feeling sick and/or test positive for COVID-19 within 14 days of participating in the cleanup, please let your teacher or us know by contacting splashtx@abcbirds.org so we can notify staff and other participants (we will not share your name or identifying information)

SAFETY GUIDELINES

Please read the safety guidelines below to make sure we have a safe and successful day. If you have any questions or concerns, do not hesitate to reach out to us – splashtx@abcbirds.org.

- **MONITOR YOUR HEALTH:** Monitor your health and the health of others that you come in close contact with (in your household, at your workplace, school, etc.) in the time leading up to the cleanup. If you or anyone you have close contact with is feeling ill or showing symptoms of COVID-19, we ask that you skip the cleanup and stay home.
- **WEAR A MASK:** We will have PPE masks available for use, but volunteers are encouraged to bring their own. Wearing a mask or other cloth face covering over both mouth and nose is required when within 6 feet of others for both volunteers and staff.
- **WASH YOUR HANDS:** We will have hand sanitizer available at the check-in tent so you can wash your hands before starting the cleanup and after you finish.
- **DRESS FOR SUCCESS:** Volunteers should wear close-toed shoes and clothing that protects them from the elements/weather (hats, long sleeves, pants, UPF clothing and/or sunscreen, bug spray, etc). Volunteers should also wear gloves while collecting trash. We will have gloves available for use but volunteers are welcome and encouraged to bring their own.
- **WATER AND SNACKS:** We will have water and snacks available, but volunteers are encouraged to bring their own. It's very important to stay hydrated! Be sure to properly dispose of any wrappers or containers so they don't end up at our next cleanup!
- **CHECK YOUR SURROUNDINGS:** Be aware of your surroundings at all times, keeping an eye out for waves and rising tides, sensitive habitats (sand dunes, areas with wildlife, etc.), unstable footing, vegetation like poison oak, or any approaching weather.
- **THUNDERSTORMS:** Staff will be monitoring for approaching thunderstorms and will suspend or cancel the cleanup if the storm gets too close. If you want to help us monitor, use the 30 second rule: if you see a bolt of lightning, start counting to 30. If you hear thunder before you reach 30, the storm is getting too close to continue outdoor activities. Seek out a staff member or return to the check-in tent for further instructions.
- **HAZARDOUS OR LARGE DEBRIS:** If you encounter debris that is either hazardous (medical waste, personal care items, etc.) or too large and/or heavy to remove, please seek out a staff member who will remove the item. DO NOT place hazardous waste in your collection bag with other trash, and do not injure yourself trying to remove a large piece of debris! SPLASH staff have the tools necessary to take care of these items and get them out of the environment.
- **FIRST AID:** If you are injured in any way during the cleanup, our staff are trained in CPR/First Aid and have a first aid kit available. If it is an emergency, call 9-1-1 first and then seek out aid from our staff.
- **CLEAN & SANITIZE:** Following the cleanup, staff will thoroughly sanitize any materials that are reused (trash pick-up sticks, reusable gloves, check-in tables, etc.). Volunteers should be sure to carefully and properly dispose of any disposable PPE and thoroughly wash their hands (hand sanitizer available for use before leaving the cleanup).